EHF RINCK CONVENTION SEMINAR

HANDBALL COACHING SUSTAINABILITY-A NEW APPROACH



WELCOME INTRODUCTION

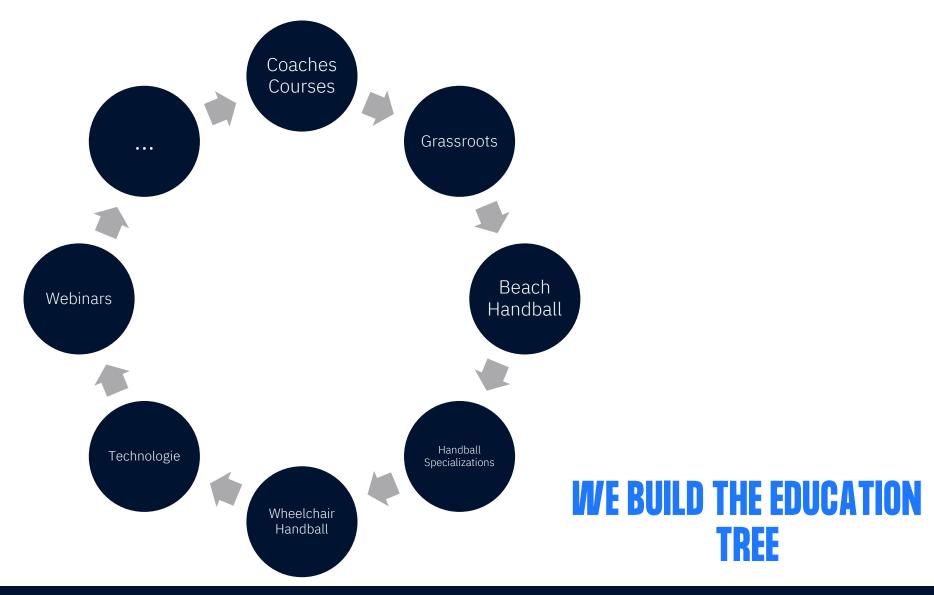
RUNDOWN GENERAL INFORMATION

PEDRO SEQUEIRA



CIRCLE OF A HANDBALL LIFE CHRONOLOGICAL AGE* STAGE 7 RECREATIONAL HANDBALL +/- **65** y **HEALTH &** Be active for life LIFESTYLE STAGE 6 MASTER HANDBALL 45-65 y **CHALLENGE &** Be relentless PHYSICAL ACTIVITY HIGH PERFORMANCE SENIOR HANDBALL 22-44 y STAGE 5 Be exceptional **OPTIMISATION &** PERFORMANCE STAGE 4 JUNIOR HANDBALL 17-21 y **SPECIALISATION &** Be determined **GAME EMPOWERMENT** STAGE 3 YOUTH HANDBALL 14-16 y **CONSOLIDATION &** Be skillful GAME MASTERY STAGE 2 **BASIC HANDBALL** 10-13 y Skills focused **ACQUISITION &** Be smart GAME LEARNING STAGE 1 MINI HANDBALL 6 - 9 y**FOUNDATION &** Fun-focused games Be active **GAME ENGAGEMENT** STAGE O KINDERGARTEN HANDBALL 3-5 ц Fun / skills challenge games **ACTIVATION &** Be curious **ACTIVE EXPLORATION** the age categories given are only a guide and depend on various factors such as gender, competence and physical development.

EHF EDUCATION



PUBLICATIONS

Group	Kindergarten Handball	Mini Handball	Basic Handball	Youth Handball	Junior Handball	Senior Handball	Master Handball	Recreational Handball
Age	3 – 5 years	6 - 9 years	10 – 13 years	14 – 16 years	17 – 21 years	22 – 44 years	45 – 65 years	+/-65
Publications	EHF Kindergarten Handball Manual (Sep. 2022)	EHF Mini HB Brochure (Update: 2023)	EHF Basic HB (Update: 2023)					
			EHF Performance Tests (2024)	EHF Performance Tests (2024)	EHF Performance Tests (2024)	EHF Performance Tests (2024)		
			EHF Novice (or Emerging) Coaches Manual (2023) – L. Bojic-Cacic / M. Petronijevic					
			EHF Mental Coaching Manual (Nov 2022)					
			EHF Nutrition Manual (2022)					
		EHF Injury Prevention Manual (2023)						
		luarding Manual						

Do you have any questions?

Thank you for your attention!



PEDRO
SEQUEIRA
EHF METHODS COMMISSION
CHAIRMAN

Mail pedseq@gmail.com

EHF "RINCK" CONVENTION

EDUCATION
FREE MOVEMENT
RECOGNITION

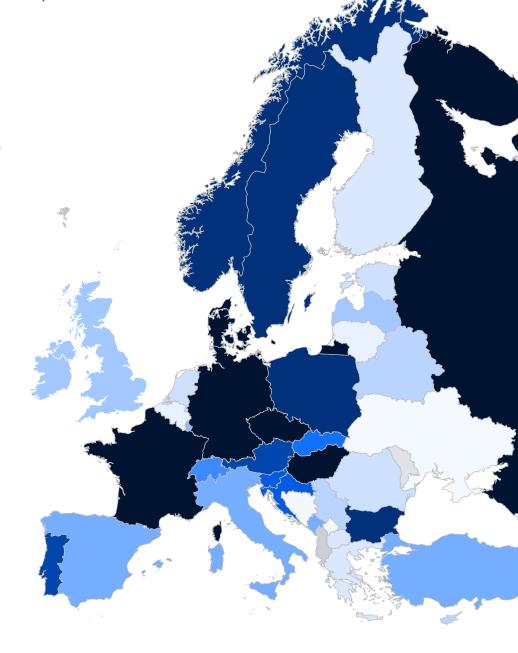
DORU SIMION

EHF RINCK CONVENTION SEMINAR

The EHF through the EHF Methods Commission is continuing the mission (fixed as of 1994):

- to be a "service institute" for European handball federations in different task domains.
- to facilitate the mobility of knowledge and professionals within "the expanding open market" and including also EHF member federations by creating of a Europe-wide framework for coaches' qualifications in handball.
- pro-active exchange of knowledge, experiences and innovations,
- between European handball experts,
- between Europe and other continents,
- between handball and other sports,
- between EHF and other institutions, etc.

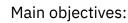




EHF RINCK CONVENTION



A managing factor inside Europe-wide education development

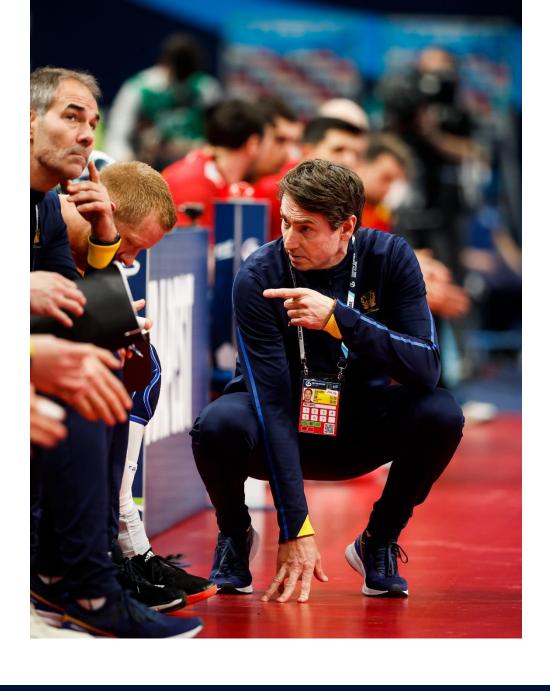


- the coordination and the mutual recognition of standard guidelines and certificates in the field of coaches' education in handball in Europe
- to create and protect the coaching profession and ease the way for the free movement of qualified coaches within Europe in accordance with European Law/EU Standards.



Motto:

'We are the product of our time, facilitating integration and preparing the next generation of players and coaches'



THE UEFA COACHING CONVENTION

- In 1997, European football's governing body established the UEFA Convention on the Mutual Recognition of Coaching Qualifications.
- Its objective was to protect the coaching profession, improve coaching standards and prepare the way for the free movement of qualified coaches within Europe in accordance with European law.
- The first six associations received UEFA's endorsement in 1998.
- The UEFA Coaching Convention sets out the legal framework, and the UEFA coaching programme aims to develop coaching and coach education through a variety of projects and events.
- The convention guarantees a unified and minimum level of education, and UEFA endorses licences at Pro, A, B, Elite Youth A, Goalkeeping A and Futsal B levels.
- These licences are issued by member associations whose courses meet the minimum criteria and standards set out by UEFA.
- The document was revised in 2008, and again in 2015 and 2020, and currently more than 200,000 coaches possess UEFA-endorsed football coaching licences.

Structures of Coaches' Education

1st Meeting of the working group

Date: Friday 23.04. - Saturday 24.04.1999

Venue: Vienna / AUT

Participants: Claude Rinck / President

Janusz Czerwinski / Coaching

Ton van Linder / Education and Training

Lajos Mocsai / HUN Allan Lund / DEN

Frantisek Taborsky / CZE Valentina Ignatieva / RUS Francois Rongeot / FRA Peter Sichelschmidt / GER Doru Simion / EHF Office Peter Fröschl / EHF Office

Agenda

- 1. Welcome
- 2. Introduction round: Who is who?
- 3. Structures of Coaches' Education
- 3.1. Historical development
- 3.2. Status
- 3.3. The EHF ambition and proposal
- Structures of Coaches' Education from the national point of view
- Workshop: How we can realize a convention about the reciprocal acknowledge of the areas of competence and the fields of sciences and subjects in coaches' education.
- 6. Task distribution
- Next meeting

Structures of Coaches' Education

2nd Meeting of the working group

Date: Friday 24.09. - Saturday 25.09.1999

Venue: Vienna / AUT

Participants: Claude Rinck / EHF MC President Janusz Czerwinski / EHF Coaching

Ton van Linder / EHF Education and Training

Lajos <u>Mocsai</u> / HUN Allan Lund / DEN

Frantisek Taborsky / CZE Valentina Ignatieva / RUS Francois Rongeot / FRA Peter Sichelschmidt / GER Doru Simion / EHF Office Peter Fröschl / EHF Office

Agenda

Friday 24.09.1999 14:00 – 18:30

- 1. Welcome
- Minutes of 1st meeting
- Structures of Coaches' Education from national point of view reports of representatives of participating Nations
- 3.1. Status
- 3.2. Proposals / open questions
- 3.3. Summary
- 4. Discussion

Saturday 25.09.1999 09:00 – 12:30, 14:30 – 18:30

- EHF draft version of convention.
- 5.1. Discussion
- 5.2. Open questions
- 5.3. Modifications
- 6. Task distribution
- 7. Next meeting

EHF RINCK CONVENTION

EHF "RINCK" Convention promotes the European integration and particularly, the free movement of the specialists (coaches and trainers, physical instructors etc.) stressing on the coordination and the mutual recognition of national systems in educating and instructing in the field of handball.

For the moment the EHF counts on of a group of 42 signatory nations.

- 7. April 2000, Tel Aviv / Israel: CZE, DEN, FRA, HUN, GER and RUS
- 17. November 2001, Vienna / Austria: BUL, NOR, POL and SWE
- 5. June 2002, Salzburg / Austria; AUT and POR
- 8. Mai 2004, Nicosia / Cyprus: CRO and SLO
- 13. October 2007, Rome / Italy: SVK
- 27. September 2008, Vienna / Austria: SUI
- 24. October 2009, Limassol / Cyprus: ESP, ITA, MNE and TUR
- 25. September 2010, Copenhagen / Denmark: LUX

- 17. November 2011, Vienna / Austria: ENG, IRL and LAT
- 23. June 2012, Monte Carlo / Monaco: BLR, CYP, ISL and SRB
- 2. June 2013, Cologne / Germany: EST, NED and ROU
- 4. May 2014, Budapest / Hungary: FIN, GRE, ISR, MKD and MLT
- 13. February 2015, Vienna / Austria: LTU and 14 November 2015, Bucharest / Romania: BEL
- 20. June 2018, Glasgow / Scotland: BIH and KOS
- 20. November 2021, Vienna / Austria: GEO and UKR



7. EHF – Technical Initiatives

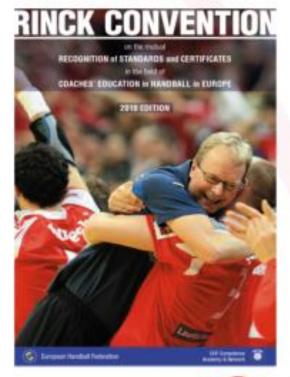
7.5. Rinck Convention - New structure / relaunch

Frantisek TABORSKY
EHF Methods Commission (MC)
Chairman

Rinck Convention

2000 EDITION









2. EHF MC Proposal/ExeC Approval

- After the signatory nations' consent the EHF MC proposed a 4-category model instead of the 5 current levels with regard to a further action
- Flexibility at categories 1 and 2 to be able to include all EHF member nations for development reasons

A respective proposal was submitted to and approved of by the EHF ExeC (14 May, 2010) in order to enable the presentation of this new model at the Congress in Denmark





4. Signatory Review/Consent

- The current changes as proposed and confirmed by the majority of the EHF R.C. signatories - are compatible with the EU educational requirements and framework established by ENSSEE (European Network Sport Science Education Employment) in accordance with the "Bologna" Process in.
- The Signatories' Review Group Members:
 Lidija BOJIC-CACIC / CRO Ulrik JORGENSEN / DEN Francois RONGEOT / FRA
 Zoltan MARCZINKA / HUN Pedro SEQUEIRA / POR Marco SIBILA / SLO
- Every step so far has been taken in agreement with the signatory states and by informing the non-signatories



5. Changes (Rinck Convention Wording)

5.a Certifications

5.a.1.

The convention is based on a coaches' education programme in European handball which is divided into four categories. Within the framework of the EHF coaches' education programme certificates for categories II to IV can be acquired

5.a.2.

The education and the practical experience required for the acquisition of a certificate below category II remain the responsibility of the EHF Member Federations and their national coaches' education programme which is developed in line with national requirements and guidelines



5.c. Implementation

The EHF is responsible for the correct implementation and structuring of a coaches' education programme in Europe.

The signatories, together with the EHF Methods Commission, are responsible for the correct implementation and structuring of the coaches' education programme in their countries.

Therefore, the signatories together with the EHF Methods

Commission as well as with the EHF CAN shall govern the full scale programme for supporting, developing and monitoring the educational process.



7. Levels of Decision - Making

7.1.

The role of the Methods Commission in this context is making decisions on technical details and dealing with administrative matters in order to guarantee the smooth interaction between the delegated area of responsibility and the general objectives in the field of methods.

The Commission shall communicate fully with the Executive Committee and the signatories.





The Art of

COACHING

ART





- Experience & Failing
- Adaptability & Flexibility
- Creativity
- Athlete Buy-In
- Leadership
- Feedback
- Relationships



- Theory & Concepts
- Structure
- Methodology
- Rationale & Justification
- Logic
- Statistics & Analysis
- Results



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KEY ISSUES/MATTERS TO DEAL WITH / EHF RINCK CONVENTION MAIN PRIORITIES:



EDUCATION

Updates on the EHF RINCK
Convention



PROFESSIONAL MOBILITY

"Circle Of A Handball Life"



RECOGNITION

Updates on EHF Coaches' Licensing

HOW + WHO + WHEN?

EHF COACHES LICENSING SYSTEM— MANDATORY PRO LICENCE

EHF European League M & W

One of the officials on the bench

EHF Champions League M&W

Head coach

EHF Beach Handball YAC + Senior M & W

One of the officials detaining EHF RC Level III

EHF EURO Final
Tournament M & W
Head coach

EHF European League M & W

Head coach

EHF European Cup/M & W

One of the officials on the bench

EHF YAC EURO + Championship (M18+20 & W17+19)

One of the officials on the bench

Qualification 1st + 2nd round for EHF EURO M & W

One of the officials on the bench

EHF European Cup/M & W Head coach

> EHF Beach Handball YAC + Senior M & W

One of the officials on the bench

2024/25 2025/26 2026 2026/27 2028 2028/29

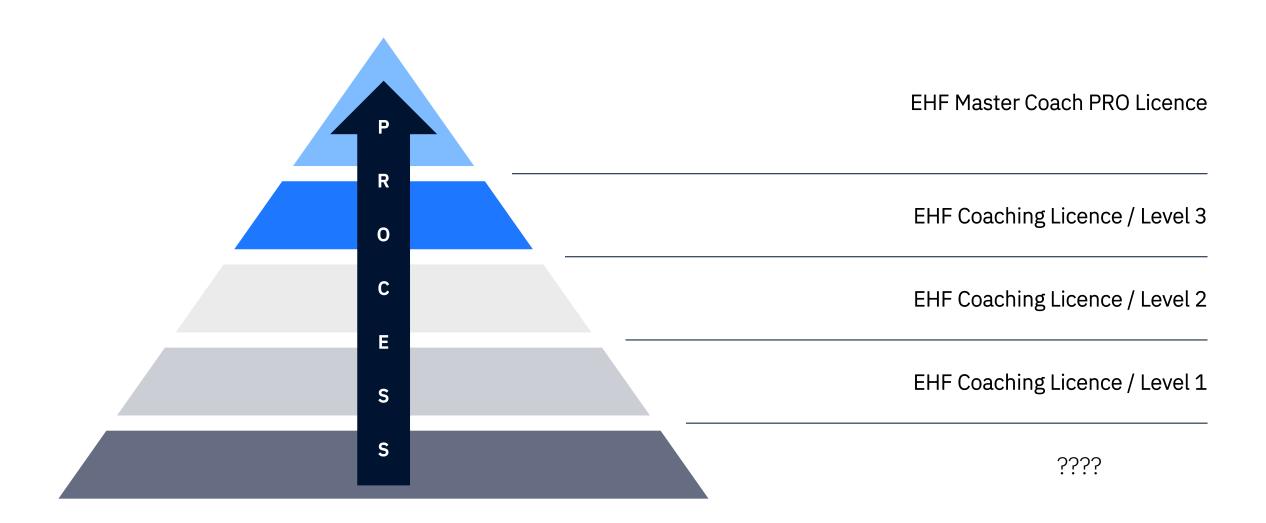
The worldwide pandemic of COVID-19 has affected all sectors of society, transforming our consumption and behaviour habits. Society is changing, so also is the sports sector, wanting to create a link between sustainable and development policies. Regardless of the level of performance or development of the nation in question, there was a huge loss in terms of kids and/or very young players, either losing interest in practising or missing a whole year of training and competing.

Therefore, a very legitim concern has spread out:

- How we get them back?
- How we keep them longer?
- How we maintain their level of interest and motivation of practicing?
- As a logical consequence:
- How to re-situate, respectively how to re-start and give to Grassroots activities/projects & programmes the right place and importance in both perspectives, priority and men-power.

At this point, after two decades of experience and results in both directions and scales, adding the pandemic effects, the "handball market" and the concrete occurring needs claim imperatively a revision and a different systemic approach driving to newly reset the EHF RINCK Convention.

EHF RINCK CONVENTION



Do you have any questions?

Thank you for your attention!

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Mobile +43 664 882 22509



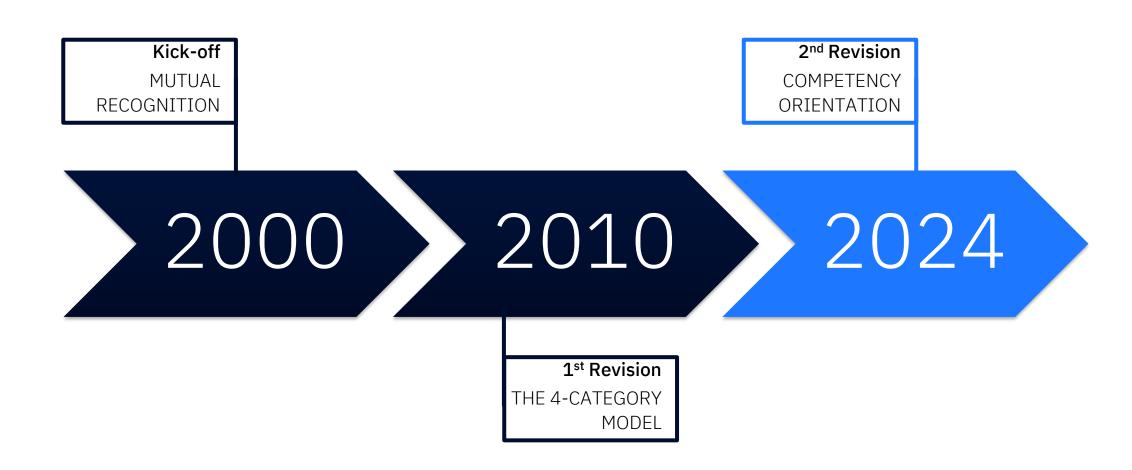
DORU SENIOR DIRECTOR SPORT & GAME SERVICES

EHF RINCK CONVENTION 2024

A NEW VISION FOR COACHING EDUCATION

PATRICK LUIG

MILESTONES — LOOKING BACK TO SEE AHEAD...



COMPETENCY ORIENTATION IN

COACHING EDUCATION

"Coaching is unlocking a person's potential to maximize their own performance. It is helping them to learn rather than teaching them."

- Sir John Henry Douglas Whitmore -



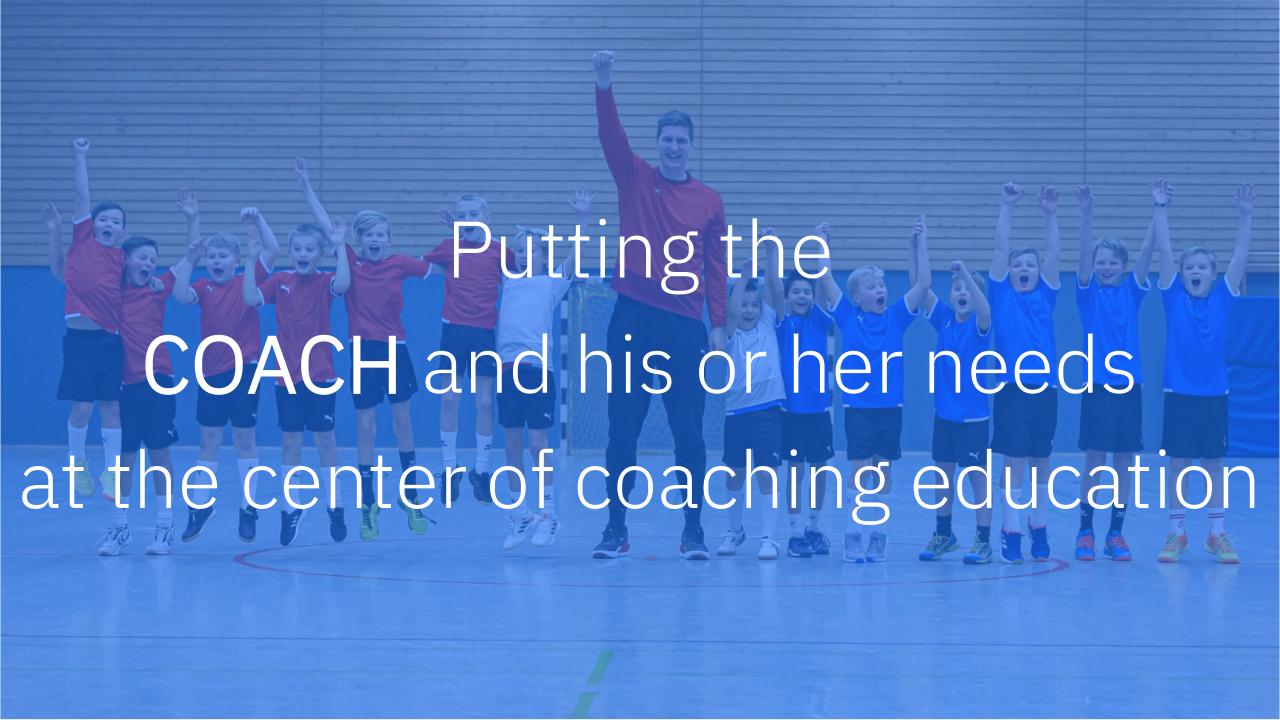
Enabling learning experiences instead of teaching

Utilizing potential through specialization





Promote and value expertise at all coaching levels



KEY ADAPTATIONS



Learner-centered instead of lecturercentered education process

Developing coaching competencies instead of teaching handball content

Developing experts at all levels of coaching and in all areas of handball

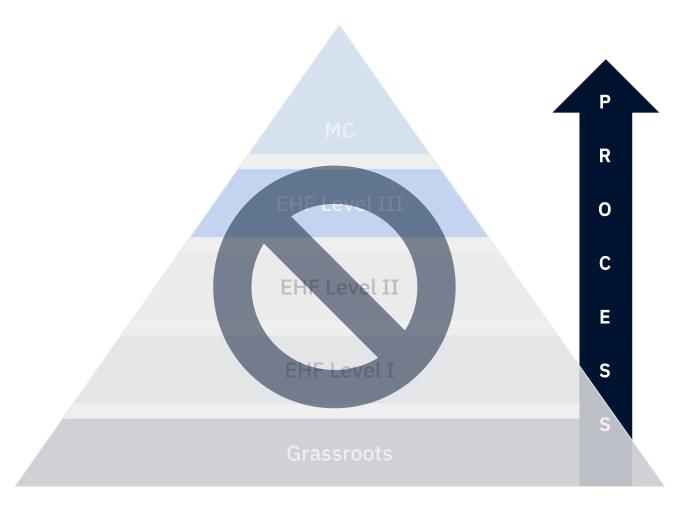
Low-threshold access to coaching education

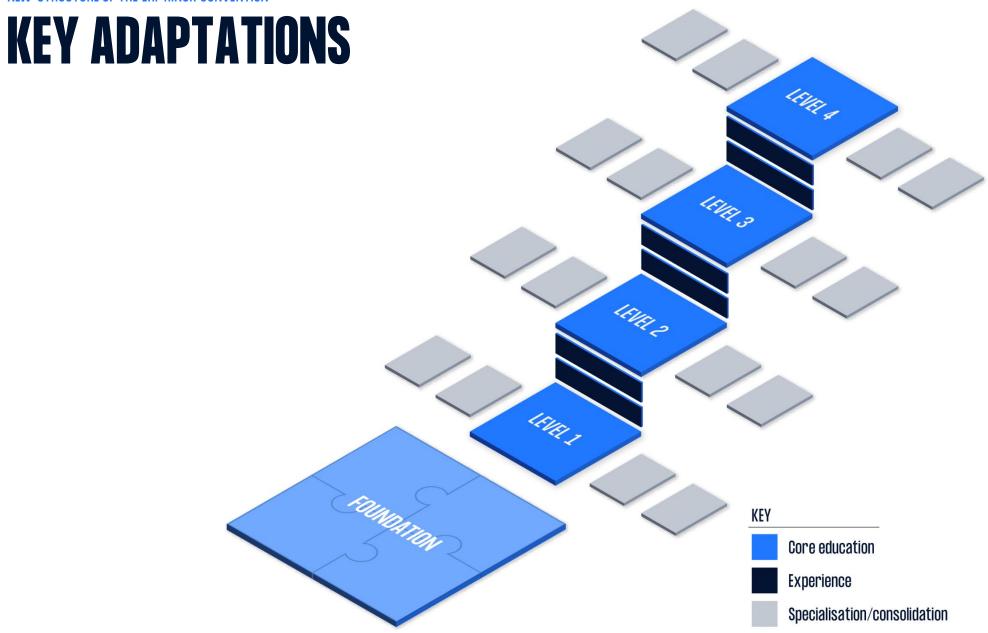




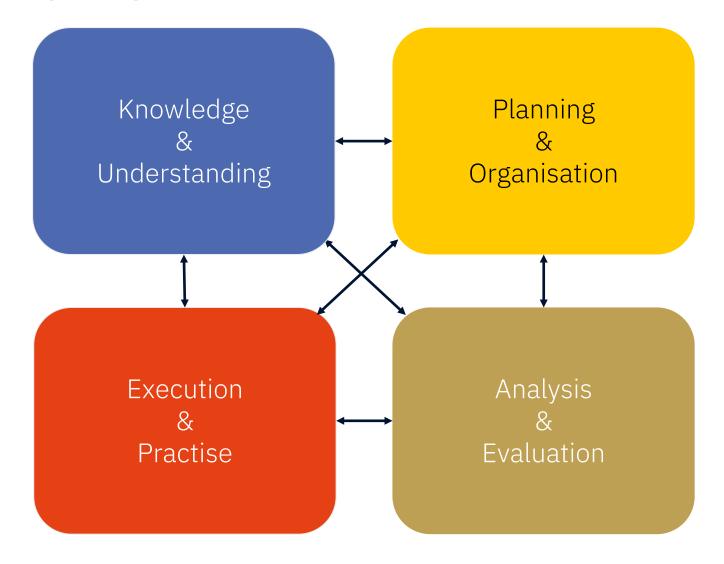
NEW VISION OF THE EHF RINCK CONVENTION

KEY ADAPTATIONS

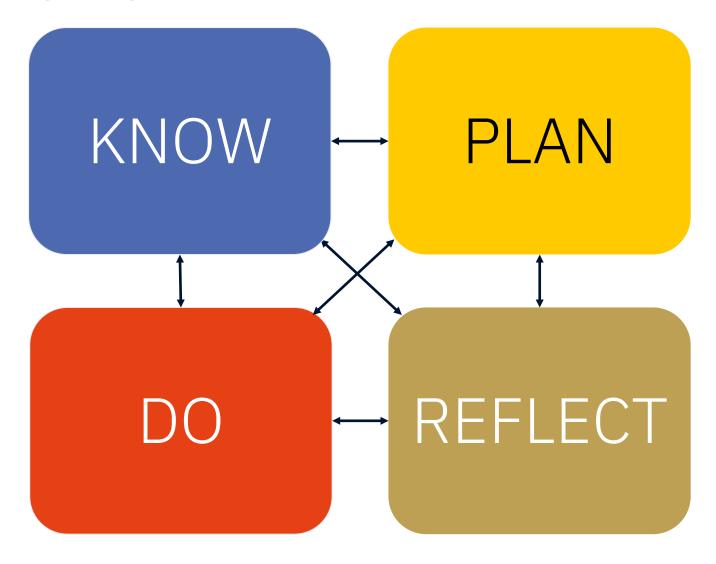




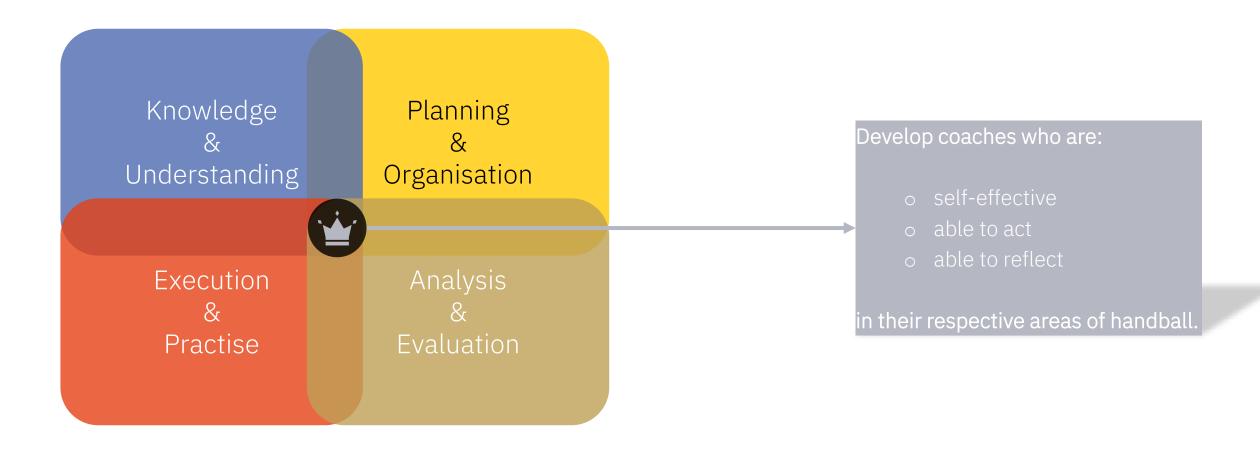
EHF COMPETENCE MODEL



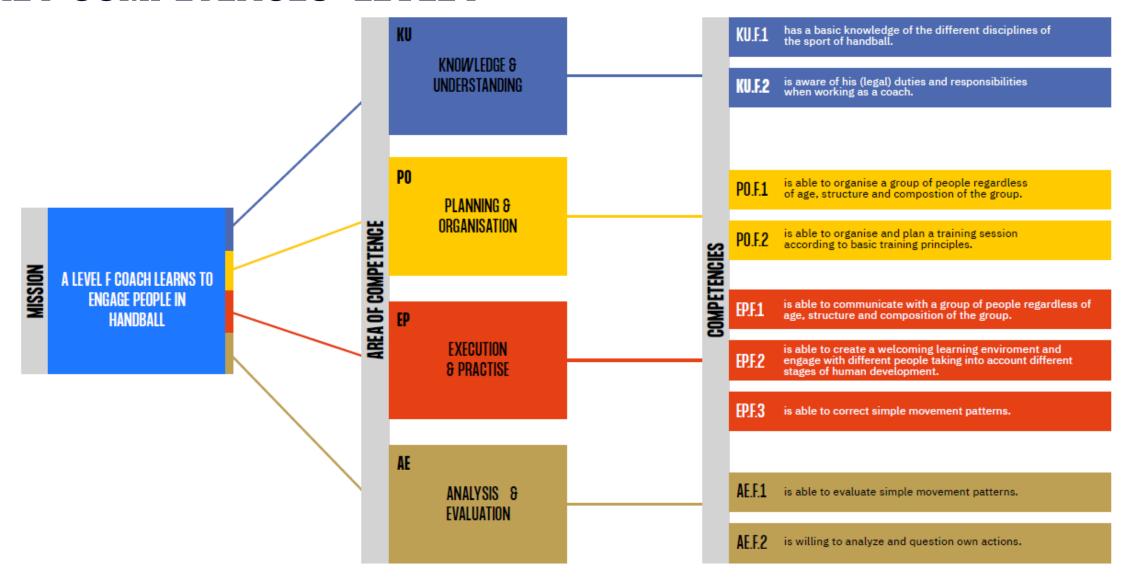
EHF COMPETENCE MODEL



EHF COMPETENCE MODEL



KEY COMPETENCES "LEVEL F"





Do you have any questions?

Thank you for your attention!



PATRICK
LUIG
EHF METHODS COMMISSION

Mail Patrick.Luig@dhb.de

PROGRAMME

THURSDAY, 23 MARCH 2023

14:00 - 14:15	Welcome-Introduction-Rundown. General Information: Welcome, Organizational Matters
14:15 - 14:30	EHF RINCK Convention-General Information
14:30 - 14:50	New vision of the EHF RINCK Convention
14:50 - 15:05	Individual discussions about the newly received information
15:05 - 15:30	Competences as basis of the new EHF RINCK Convention structure - Small Working Groups
15:30 - 16:00	Competences as basis of the new EHF RINCK Convention structure - Big Working Groups
16:00 - 16:15	Competences as basis of the new EHF RINCK Convention structure - Summary
16:15 — 16:45	Coffee break
16:45 - 17:00	New EHF RINCK Convention Structure- Is the new concept going to work? - Introduction
17:00 - 17:45	New EHF RINCK Convention Structure- Is the new concept going to work?
17:45 - 18:00	Summarizing of Arguments on Flipcharts- nomination of attorneys & prosecutors
18:00 - 18:30	New EHF RINCK Convention Structure- Is the new concept going to work? - Summary
19:00 - 20:00	Dinner

COMPETENCES AS A BASIS FOR THE NEW EHF "RINCK" CONVENTION STRUCTURE—WORKING GROUPS

01

Think about which competences are required to be a good handball coach.

02

Define which competences shall have a handball coach on each level of her/his coaching education.

03

Compare your conclusions with the opinion of other colleagues from your group.

04

Discuss the topic within the group.

COMPETENCES AS A BASIS FOR THE NEW EHF "RINCK" CONVENTION STRUCTURE

Group 1

CRO Lidija Bojić-Ćaćić GRF John Vareltzis BEL Jonathan Vandeberg

Group 2

ISL Magnús Kári Jónsson SRB Milan Petronijevic FRA Stefan Debat ITA Marco Trespidi

Group 3

SWE Lennart Söderström SWF Jennie Linnell ISR Reuven Pavlo Iuseolsky FIN Jaakko Horelli CYP Stavros Panayiotou

Group 4

FST Katrin Koser GER Patrick Luig

Group 5

NFD Vincent van der Meijden TUR Murat Bilge DEN Ulrik Jørgensen

Group 6

POL Marcin Smolarczyk **AUT** Philipp Wagner **BLR** Valeriy Pevnitskiy

Group 7

MKD Daniela Damjanovska NOR Jan-Ivar Lorentzen ITA Giuseppe Tedesco

Group 8

POR Marco A. Barros Santos ROU Alexandru Acsinte IRL Andrea Ongaro LAT Linda Bogdanova

Group 9

SUI Franziska Röthlisberger MIT John Falzon HUN Zoltan Marczinka

Group 10

CZE Martin Tuma SVK Pavol Streicher LUX Handschke Maik **POL** Damian Drobik

Group 11

ENG Vicki Putson ESP Gerard Lasierra POR Luís Santos LAT Liga Birina

Group 12

SLO Marko Šibila **HUN** Gabriella Horvath **BUL** Teodor Iliev MKD Gino Strezovski

COMPETENCES AS A BASIS FOR THE NEW EHF "RINCK" CONVENTION STRUCTURE—WORKING GROUPS









Join the other part of your bigger group and compare the outcome of the smaller working groups.

02

Find a common conclusion.

03

Write down the competences required for each coaching level (at least 3 per level!) on a flipchart.

04

Compare your work with the outcome of other working groups.

Would you change/add anything to your paper?

NEW EHF RINCK CONVENTION STRUCTURE — IS THE NEW CONCEPT GOING TO WORK? INTRODUCTION

01

You will be divided into 6 groups. Each member of the group will have a clear function and role.

02

Each thinking role is identified with a coloured symbolic "thinking hat". Everybody will receive a detailed description of her/his role.

03

The task is to discuss the new structure of the EHF RINCK Convention finding as many arguments as possible, according to the given role.

04

Collect the arguments of the group on the flipchart.

IS THE NEW CONCEPT GOING TO WORK?

Group 1

CZE Martin Tuma NOR Jan-Ivar Lorentzen SLO Marko Šibila BLR Valeriy Pevnitskiy ITA Giuseppe Tedesco
BEL Jonathan Vandeberg
SVK Pavol Streicher

Group 2

DEN Ulrik Jørgensen POL Damian Drobik ESP Gerard Lasierra CRO Lidija Bojić-Ćaćić ENG Vicki Putson ITA Marco Trespidi ROU Alexandru Acsinte

Group 3

GER Patrick Luig
POL Marcin Smolarczyk
SWE Jennie Linnell
LAT Linda Bogdanova

MLT John Falzon SUI Franzisk Röthlisberger GRE John Vareltzis AUT Philipp Wagner

Group 4

HUN Zoltan Marczinka POR Luís Santos LAT Liga Birina CYP Stavros Panayiotou SWE Lennart Söderström MKD Daniela Damjanovska

Group 5

HUN Gabriella Horvath FRA Stefan Debat EST Katrin Koser LUX Handschke Maik POR Marco A. Barros Santos MKD Gino Strezovski ISR Reuven Pavlo Iuseolsky

Group 6

ISL Magnús Kári Jónsson SRB Milan Petronijevic TUR Murat Bilge IRL Andrea Ongaro NED Vincent van der Meijden BUL Teodor Iliev FIN Jaakko Horelli

NEW EHF RINCK CONVENTION STRUCTURE— IS THE NEW CONCEPT GOING TO WORK? LEGAL COURT MODEL







01

From all 'black hat' owners select 3 people who will become the 'prosecutors' of the new EHF RC Structure.

02

From all 'yellow hat' owners select 3 people who will become the 'attorneys' of the new EHF RC Structure.

03

Summarize the arguments pro and contra, prepare it for the final discussion in the 'legal court'. Participants with the other hat colours shall help the 'prosecutors' & 'attorneys'.

04

Present the positives and negatives of the new concept in an open discussion moderated by the EHF experts.

PROGRAMME

FRIDAY, 24 MARCH 2023

TILL 8:45	Breakfast
09:00 - 09:20	National courses- challenges and needs based on the experience of the NFs - Introduction
09:20 - 10:00	National courses- challenges and needs based on the experience of the NFs
10:00 - 11:00	National courses- challenges and needs based on the experience of the NFs - Summary
11:00 - 11:30	Coffee break
11:30 - 11:45	Specialization topics in the coaching education - Introduction
11:45 - 12:30	Specialization topics in the coaching education
12:30 - 13:15	Specialization topics in the coaching education - Summary
13:15 - 13:45	Any other business - feedback
13:45 - 14:00	Summary & Closing
14:00 —	Lunch

NATIONAL COURSES — CHALLENGES AND NEEDS BASED ON THE EXPERIENCE OF THE NFS — INTRODUCTION

01

Think about the challenges faced during the organization process of the national coaching courses on each level.

02

Write the conclusions on the post-it provided and put it on the wall (in the prepared area).

03

Join the pre-defined group and together with your colleagues list all challenges/needs regarding the given topic. The groups will be supported by an EHF expert

04

Discuss the outcome of the working groups with other participants in order to improve the system, find solutions for the future.

NATIONAL COURSES — CHALLENGES AND NEEDS

> Foundation level

EST Katrin Koser

CYP Stavros Panayiotou **BUL** Teodor Iliev **BEL** Jonathan Vandeberg IRL Andrea Ongaro

FNG Vicki Putson LUX Handschke Maik MLT John Falzon ITA Marco Trespidi **BLR** Valeriy Pevnitskiy

Level 1

ITA Giuseppe Tedesco LAT Liga Birina ISR Reuven Pavlo Iuseolsky MKD Daniela Damjanovska **AUT** Philipp Wagner

GRF John Vareltzis FIN Jaakko Horelli

Level 2

LAT Linda Bogdanova MKD Gino Strezovski SVK Pavol Streicher **ROU** Alexandru Acsinte ISL Magnús Kári Jónsson SUI Franziska Röthlisberger SWF Jennie Linnell **POL** Damian Drobik POR Marco A. Barros Santos

Level 3

CZE Martin Tuma SWE Lennart Söderström POL Marcin Smolarczyk POR Luís Santos **HUN** Gabriella Horvath

NED Vincent van der Meijden **GER** Patrick Luig NOR Jan-Ivar Lorentzen

Master Coach

FRA Stefan Debat DEN Ulrik Jørgensen HUN Zoltan Marczinka SRB Milan Petronijevic TUR Murat Bilge

SI O Marko Šibila **ESP** Gerard Lasierra CRO Lidija Bojić-Ćaćić

SPECIALIZATION TOPICS IN THE COACHING EDUCATION—INTRODUCTION

01

You will be divided into 6 groups. Each group will draw one specialization topics in the coaching education.

02

Together with your group members prepare a detailed description (on the flipchart) of the assigned specialization: specify the form of education, competences, when to start, etc.)

03

Choose one representative of your group who will present the outcome to all participants.

04

Discuss the presented topics. Are there any other specializations you would add to the list?

SPECIALIZATION TOPICS IN THE COACHING EDUCATION

Group 1

CRO Lidija Bojić-Ćaćić GRE John Vareltzis BEL Jonathan Vandeberg

ISL Magnús Kári Jónsson SRB Milan Petronijevic FRA Stefan Debat ITA Marco Trespidi

Group 2

SWE Lennart Söderström EST Katrin Koser
SWE Jennie Linnell GER Patrick Luig
ISR Reuven Pavlo Iuseolsky FIN Jaakko Horelli
CYP Stavros Panayiotou

Group 3

NED Vincent van der Meijden TUR Murat Bilge DEN Ulrik Jørgensen LAT Liga Birina POL Marcin Smolarczyk AUT Philipp Wagner

> Group 4

MKD Daniela Damjanovska POR Marco A. Barros Santos NOR Jan-Ivar Lorentzen ROU Alexandru Acsinte ITA Giuseppe Tedesco IRL Andrea Ongaro LAT Linda Bogdanova

Group 5

SUI Franziska Röthlisberger CZE Martin Tuma
MLT John Falzon SVK Pavol Streicher
HUN Zoltan Marczinka LUX Handschke Maik
POL Damian Drobik

> Group 6

ENG Vicki Putson

ESP Gerard Lasierra

POR Luís Santos

BLR Valeriy Pevnitskiy

SLO Marko Šibila

HUN Gabriella Horvath

BUL Teodor Iliev

MKD Gino Strezovski

ANY OTHER BUSINESS

SUMMARY & CLOSING

